



PARENT CUE



HIGH SCHOOL



MEASURE UP

WEEK 1

ECCLESIASTES 4:4-8

Working hard to measure up to others is both miserable and meaningless.

WEEK 2

GALATIANS 4:4-6

Jesus fixed our broken relationship with God, Who now invites us to call Him Dad.

WEEK 3

MATTHEW 25:14-30

What you have isn't as important as what you do with it.

TALK ABOUT THIS

WEEK 1: As your teenager develops, they will be tempted to compare themselves to the people around them. But there's no win in comparison. Try sharing a story of a time when you were compared to someone else and how it made you feel.

WEEK 2: How your kid feels about themselves may go up and down, but God's view of them never changes. He's crazy about them. Next time they feel less-than, remind them, "Take your cue from the One who made you."

WEEK 3: It can be interesting to ask your teenager, "What matters most: hard work or talent?" The truth is, it's both. But this question could spark a conversation to help them remember that how much talent you have is never quite as important as what you do with it.

REMEMBER THIS

Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ. Galatians 1:10 NIV



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DO THIS



MORNING TIME

High school is a sea of insecurity. Set a reminder to text your kid each day this week and tell them one thing about them that is both unique and wonderful.



MEAL TIME

At meal time, it can be tempting to talk about (or even gossip about) others. When your teenager brings up someone else, ask the question, "What's one thing you want people to say about you?" It may be a gentle reminder to be gracious.



THEIR TIME

High schoolers are often most frustrated with themselves when they compare themselves to someone else. Next time your teenager mentions a classmate or teammate who is better than they are, celebrate that person by saying, "I'm so happy for him/her," and then remind your teenager of a few ways he or she is unique.



BED TIME

Just before bed, drop in and ask your teenager, "If you could change anything about yourself, what would it be?" Then keep the answer in mind as an area where they may need extra compliments or affirmation.

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